



Sample Activities and Hours

Activity	Hours
Professional Development	
FNHMA conference	1 hour attendance = 1 hour credit
FNHMA on-line courses	20 hours per course
FNHMA webinar	1 hour attendance = 1 hour credit
FNHMA workshops	1 hour attendance = 1 hour credit
University and college courses	20 hours per course
Other courses that are deemed eligible for MOC credits by FNHMA	Will be specified at the time of registration
Self-directed learning from publications or on-line courses	Actual reading or study hours up to a maximum of 10
Leadership and FNHMA	
FNHMA board and committee service	Up to a maximum of 15 hours
Exam development, invigilating and marking	Up to a maximum of 15 hours
Course/workshop/webinar development, instruction, and marking	Up to a maximum of 15 hours
Writing and publishing	Up to a maximum of 15 hours
Serving as a FNHMA representative with an external organization	Up to a maximum of 15 hours
Guest speaker/lecturer	Up to a maximum of 5 hours
Mentoring outside normal job duties	Up to a maximum of 5 hours